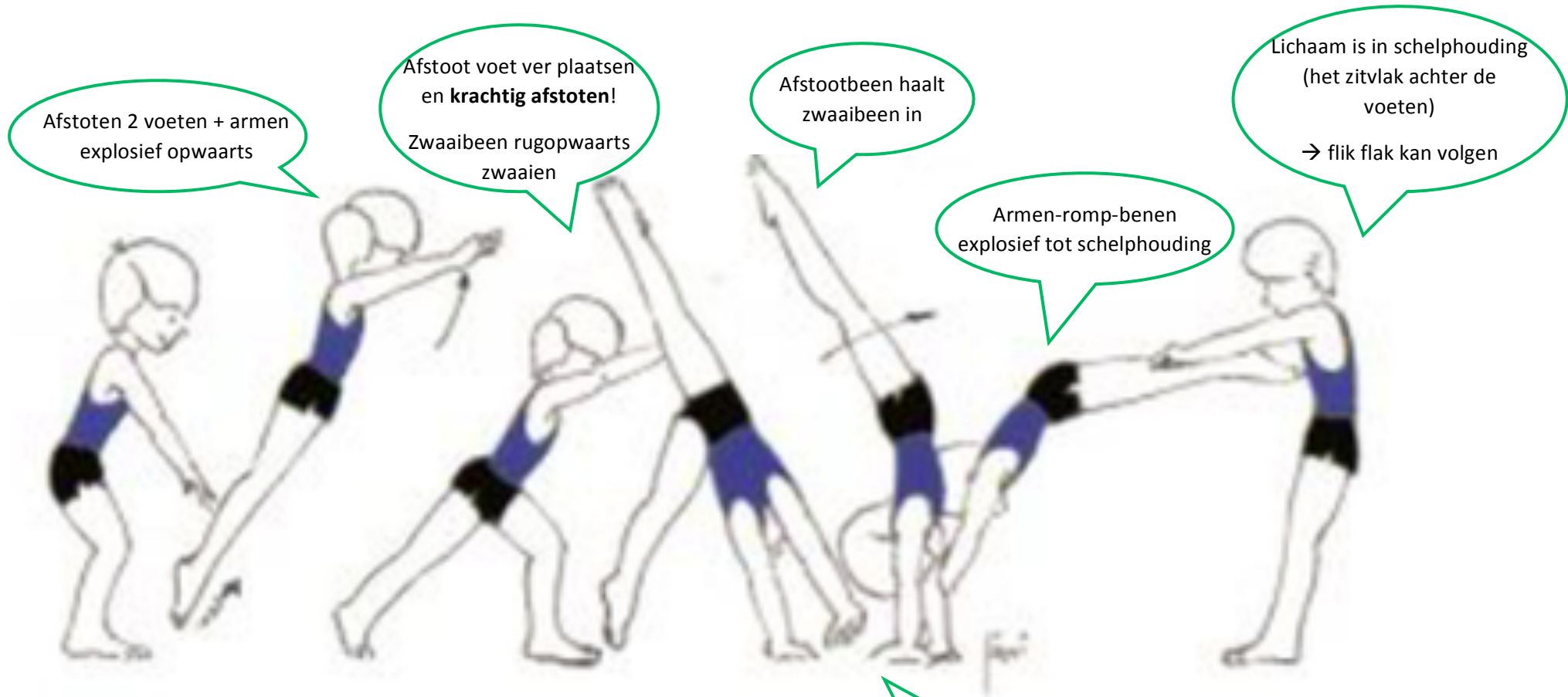


# RONDAT



(GuruPenjaskes, sd)

Hands ver zetten (schouderbreedte):  
1<sup>ste</sup> is ¼ ingedraaid  
2<sup>de</sup> is ½ ingedraaid

